

SOUTH BAY NEWS

Mrs. H. C. Willits, Mrs. Ellenboth Hoover Willits, Mrs. W. H. Rawle, Mr. and Mrs. J. W. Rankin attended the meeting of the Pahokee P.T.A. on Monday evening.

Mrs. Ned Kocher accompanied Mr. Kocher out from West Palm Beach the first of the week and the Kocher took up their residence for the season in the Grogan apartment.

S. E. Campbell has leased a tract of land from the Sugar company near Clewiston and has purchased a new tractor and harrow for it in getting in his crop.

Roy Boots and Ray Whitlock have leased the east half of the V. C. Denton store building and will open on October 15th with a full line of men's and women's clothing. The two men will also contract picking and hauling for growers. Mr. Boots looking after the territory from South Bay and Lake Harbor and Mr. Whitlock taking the territory from South Bay to Pahokee.

Mr. and Mrs. R. H. Saxon and Mr. K. E. E. Brooker of Pompano are staying at the Johnson hotel. Mr. Saxon is in charge of the Snyder Construction company, which is putting in fills at the F. E. C. station at South Bay, Belle Glade and Cardwell.

Only one-half inches of rain fell at South Bay on Tuesday morning.

F. B. Nance of West Palm Beach

DR. A. J. LITTLE
OSTEOPATH

Lake Harbor, Fla.

ROLLER SKATES

SEE OUR DISPLAY TODAY

Per Pair

\$1.35

BUTLER'S

WHERE FRIENDS MEET IN PAHOKEE

GREGG, THE FLORIST

CUT FLOWERS, DESIGNER NOVELTIES, SEEDS AND
EVERYTHING NEW IN FLORAL ART. WE TELEGRAPH
FLOWERS ANYWHERE

1004 S. Dixie GREGG, THE FLORIST
Phone 5220 West Palm Beach

NOLA DRAGON

Agent for Pahokee, Belle Glade, Canal Point

BAKER'S USED CARS

BELOW WE ARE LISTING A GROUP OF USED CARS THAT ARE IN FIRST CLASS CONDITION AND WILL BEAR YOUR CLOSEST INSPECTION. IF YOU ARE IN THE MARKET FOR A USED CAR WE CAN FURNISH YOU ONE ON THE VERY EASIEST OF TERMS.

1930 Chevrolet Sedan
1935 International Pick-up

1934 Pontiac Coupe
1931 Ford Sedan

1934 Tudor Ford

1933 Pontiac Sedan
1929 Ford Sedan

1933 Chevrolet Sedan
1934 International Truck, Semi-Trailer, Stake Body

Baker Service Station

Pontiac Dealer

Belle Glade

THE EVERGLADES NEWS, CANAL POINT, FLORIDA

Mrs. C. Willits has charge of the program for the orientation meeting and Mrs. F. W. Mutchler will demonstrate how to thread a loom and operate it in order to weave specific designs and articles. All girls interested are requested to be present promptly at the time and place mentioned above.

Elder Wilfred Fussell, retired after a short visit with his uncle, Roan Mizell, at Parish, Mr. and Mrs. Ford and son visited at the S. J. Fisher home Saturday. Mr. Fisher is at LaBelle where Mr. Ford will be on the project on the Caloosahatchee River.

F. T. A. MEETING
The Executive Council of the P.T.A. met at the Health Center on Monday afternoon with Mr. W. H. Ranckley, president, in the chair. Since Mrs. G. L. Royal had resigned, the committee on account of teaching in the LaBelle primary school, Mrs. L. E. Redditt was appointed to fill out the unexpired term. Mrs. M. S. Wright was appointed corresponding secretary.

Mr. and Mrs. S. J. Fisher, Everett and Naomi motored to West Palm Beach Wednesday. The two old timers, Mr. and Mrs. Charles Roberts and Mrs. Charles Charles, attended the Seventh Day Adventist meeting in Lake Worth on Sunday.

Miss Bethe Hamrick spent the weekend with friends in Fort Myers.

PLANS TO CONTINUE 4-H
The girls of the senior high school age, who are attending the Pahokee high school, have plans to continue their 4-H work this year. They are to meet for organization at the home of Mrs. W. H. Rawle, sponsor, on Thursday, October 10, at 7:30 p.m. Mrs.

Each chairman of a standing committee present made a report to the plans for the year. The general chairman, Mrs. A. B. Barnes, outlined plans for her membership drive which will be in the form of a contest as in previous years. \$2.50 will be given to the room securing the most new members. Each room will be presented to the school if the membership of last year is reached.

The organization, in the interests of the welfare of the children, adopted a resolution to back up the state law which requires no person or firm shall be permitted to open a public bar within 2500 feet of a school or church and ordered the corresponding secretary to present the resolution to the county commissioners requesting them to abide by the law and refuse to grant such a permit to any person or persons within 2500 feet of the school.

Mrs. W. H. Rawle, summer recreation chairman, submitted a written report of the activities of her committee during the summer. She reported three recreational meetings the first of July was a recreational party held at the Community Church attended by some 50 young people of the community. Edith Y. Barrus and M. U. Morris were present and had charge of the games. Quite a number of out of town guests from the east coast were present and were served light refreshments at the close of the party.

The August meeting was in the form of an ice cream social and a general party, arranged for which were the heads of Mrs. F. W. Mutchler and committee. Funds raised were applied on the recreational equipment for the school. The school opened September 1st, Mrs. C. Forbes and her committee, arranged for an evening's entertainment in the form of three one-act comedies and an additional program was added to the recreational equipment fund for the school.

Announcement was made that the County Council will meet on October 15th at the Phipps Park club house in Palm Beach. Several club members plan to attend from South Bay.

The regular meeting will be on Monday, October 15th, at Auditorium at 3:15. A short business meeting will be held and this will be followed by the annual Teachers' Reception arrangements for which the first floor of the First Church. The program topic for the 15th is "Safe Guarding Homes and Healthy Life." The study course

TWO LESSONS FROM ANDREW JOHNSON

WHO'S WHO?
By Beetle's "Ghost" Writer
October once more, and special attention is directed again to the school child!

The late riding hour so desirable during vacation should now give us to an hour early enough to assure an adequate, un hurried breakfast.

"Scanty breakfasts" and "no breakfasts" are given by authority of the U. S. Department of the Interior in schools. Children's capacity for food is often so small compared with his need that it may be impossible for him to eat in time. Still all he requires is the right kind of food. It is admitted, therefore, his daily total food consumption may be too small to provide the growth material he needs. Also, much of the time is spent in school, and the temper, and lack of attention that the children exhibit in school may have their source in inadequate meals.

Even though a child may have a "scanty breakfast" it is still important. Mid-morning lunches seldom offer more than milk and crackers, and the 250 or 300 calories they furnish are not enough. A 500 or 600 calorie breakfast should provide. These lunches are "supplementary meals" and should always be regarded as such, never as substitutes.

FOOD BUYING POINTERS
Plan well before buying. Study needs and make menu and market list at the same time. List articles together that are near together in the store.

Those who are often saved by a "scanty breakfast" are often given a "scanty dinner" and provided there is a saving in price and you have a convenient storage space and the food will keep a reasonable time.

Ask price before buying. Know definitely what you want and give a clear description. Ask for a definite weight, measure or size of can or package. Don't take a substitute just because the clerk says it is just as good—know quality.

Keep posted as to seasonal and regular prices of staples to gauge savings on special sales.

Buy the freshest food possible. When you buy food, the price will be another attraction in addition to the ridge section of Pahokee.

A few drops of turpentine on a wooden cloth will clean tan shoes and a drop or two of lemon juice will give them a brilliant polish.

READIN' 'RITIN' an' RITHMETIC

Framework is up this week on a new six room bungalow being built by P. M. Cate on a lot just north of the home of J. E. Cates in Pahokee. When completed the home will be another attraction in addition to the ridge section of Pahokee.

Keep clean ironed furniture dampens a cloth in warm water and use ordinary baking soda as you would cleaning powder.

which will occupy 15 minutes of each meeting, will be based on the "Forbes" book, chairman, and committee book, "Our Public Schools" put out by the National Congress of Parents and Teachers.

Members were: Mrs. W. H. Ranckley, Mrs. F. W. Mutchler, Mrs. W. H. Rawle, Mrs. F. W. Mutchler, Miss Annie Kerfoot, Miss Geneva Brown, Mrs. G. J. Barstow, Mrs. A. B. Barnes, Mrs. P. E. Goodspeed, and Mrs. R. G. Fisher.

Chaired stimulate the appetite and improve digestion, helping women longer strength from the food they eat. They are also good for the heart. If built up, certain functional parts go to work. . . . Mrs. C. E. Forbes, Mrs. H. C. Willits, Mrs. F. W. Mutchler, Mrs. W. H. Rawle, Mrs. F. W. Mutchler, Mrs. A. B. Barnes, Mrs. P. E. Goodspeed, and Mrs. R. G. Fisher.

How Cardui Helps
Women To Build Up

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